

**HARFORD COUNTY PUBLIC SCHOOLS  
RECOMMENDED LEARNING EXPERIENCES  
Three-year-old's and PRE-K**

**PLAY**

Engage in play with your child for 15 minutes daily. When engaging in pretend play, let your child take the lead and follow along. Talk about what your child is doing during the play.

For preschool aged children, play is very important for the development of communication, problem solving, fine motor, gross motor, social emotional and literacy skills. Children need opportunities to play with family members.

**AROUND THE BOOK**

Each day read to your child for a minimum of 10 minutes.

1. Use books from home or school to work through two of the following learning experiences. You may select different experiences each day.
  - Make a prediction about the book using the pictures.
  - Point to pictures in the book and name what the picture shows.
  - Talk about your favorite and least favorite part(s) of the book and tell why.
  - Identify and talk about parts of the book including characters, setting and events.
  - Retell what happened in the book.

**OTHER CHOICE EXPERIENCES**

To promote social/emotional learning, play, and mindfulness, select one of the following experiences to do once a day.

<p><b>Language Arts</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Have a 5-minute conversation with a family member.</li> <li><input type="checkbox"/> Locate and verbally tell objects in the house.</li> <li><input type="checkbox"/> Follow 2 step directions (i.e. pick up the toy and put it away).</li> </ul>	<p><b>Mathematics</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Count to 10.</li> <li><input type="checkbox"/> Make groups of toys or other objects 1-10.</li> <li><input type="checkbox"/> Sort objects (socks, toys, clothes).</li> </ul>
<p><b>Science</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Build a structure with blocks, Legos, or other materials around your house.</li> </ul>	<p><b>Social Studies</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Complete assigned household chores with an adult.</li> </ul>
<p><b>Arts</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Draw</li> <li><input type="checkbox"/> Use playdough.</li> <li><input type="checkbox"/> Use recycled materials from around your house to create a picture of your choice.</li> </ul>	<p><b>Wellness and Mindfulness</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Play a board game, bingo, Simon Says, or a card game with a family member.</li> <li><input type="checkbox"/> Complete a puzzle with a family member.</li> <li><input type="checkbox"/> Take a 20-minute walk with a family member. Talk about what you see and hear.</li> <li><input type="checkbox"/> Take a walk, push or pull toys, throw and catch a ball.</li> </ul>

Parent/Guardian sign for completion \_\_\_\_\_